

WHY HOLD THIS EVENT?

Drug and alcohol abuse is not an individual or family problem; it is a societal issue that affects us all. Whether you are an addict, an addict's loved one, or you and those around you are free from drugs and alcohol, abuse ruins lives and costs society billions of dollars.

Drug abuse is often a symptom of teen depression as a student may "self medicate" to try and feel better. As many as 1 in 5 teens has "seriously thought" about suicide and 1 in 10 have attempted suicide in Washington State.

We want you to attend this event to come together as a community and demonstrate concern for our children and families. Your attendance does not mean that you or your child



Event Schedule

6:30 – 7:00 Refreshments and Hors D'oeuvres

Catered by Shorewood Culinary Arts led by teacher Diana Dillard. Funding provided by the Puget Sound ESD Tobacco Grant.

Welcome and Introduction

Larissa Pendegraft, MSW, Shorewood Drug and Alcohol Specialist

William Sugden, M.Ed., Shorewood Counselor

7:00 – 7:25 Signs, Symptoms, and Current Trends in Teen Drug Use

Matt Wiley, Chemical Dependency Professional

7:25 – 7:50 Teen Gambling

Maureen Greeley, Executive Director of Evergreen Council on Problem Gambling

7:50 – 8:15 Teen Depression and Suicide Discussion

Renee Arcement, Lead Health Educator Youth Suicide Prevention Program

8:15 – 8:30 Q&A with Speakers and Student Panel

We will have student members of Shorewood's Drug and Alcohol Prevention Club and the Suicide Prevention Club answer your questions along with our speakers.

School Contacts

**Shorewood High School Counseling
Department**
(206)361- 4380

**Einstein Middle School Counseling
Department**
(206) 368-4730

**Shorecrest High School Counseling
Department**
(206) 361-4296

**Kellogg Middle School Counseling
Department**
(206) 368-4783



SHOREWOOD HIGH SCHOOL

17300 Fremont Ave N.
Shoreline, WA 98133
Phone: (206) 361-4780
Fax: (206) 368-4711

RESOURCES

24-Hour Hotline.....	(206) 722-3700
Teen Line.....	(206) 722-4222
Alateen and Alanon.....	(206) 625-0000
Alcoholics Anonymous.....	(206) 587-2838
Crisis Clinic 24-Hour	(206) 790-8888

www.theantidrug.com

www.drugfree.org

www.crisisclinic.org

www.nida.nih.gov

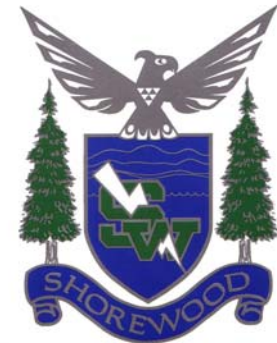


Shoreline School District #412
Shorewood High School
17300 Fremont Ave. N
Shoreline WA 98133-5299

Teen Support Night

A discussion on youth depression and drug and alcohol use.

Brought to you by the
Shorewood Lifesavers &
Operation Awareness



March 25, 2008
6:30 to 8:30
Shorewood Library
Catered by
Shorewood Culinary