

Shorewood Library Parenting Books

Author	Title	Summary
Bluestein	Parents Teens And Boundaries: how to draw the line	A guide to effectively communicating with teenagers and setting effective and consistent boundaries.
Bluestein	High School's Not Forever	Teen survival stories of struggle and triumph. Issues addressed include: individual identity, friendship, sexuality, violence, health, & life balance.
Coloroso	The Bully, the Bullied, and the Bystander: from preschool to high school	Discusses all aspects of bullying. Includes clues that a child is being bullied and steps to take if your own child is a bully.
Feinstein	Secrets of the Teenage Brain: research-based strategies for reaching & teaching today's adolescents	Explores the neural changes that a teenager's brain undergoes and offers practical strategies for classroom use.
Goodman	Safe Road Home: stop your teen from drinking & driving	Includes DVD of documentary "Smashed." Teaches teenagers about the dangers of drunk driving with real-life examples.
Miner	Young Parents	Examines the issues faced by young people who become parents
Mosatche	Where Should I Sit at Lunch: The Ultimate 24/7 Guide to Surviving the High School Years	A guide to surviving the high school years. Includes advice from experts and former high school students.
Sears	The Successful Child: what parents can do to help kids turn out well	Offers parents suggestions for helping their child succeed in school and life.
Shandler	Ophelia Speaks: adolescent girls write about their search for self	A collection of original pieces written by girls aged 12 to 18 about public and private issues.
Simmons	Odd Girl Out: the hidden culture of aggression in girls	Provides advice on dealing with the devastating effects of aggression among school-aged and adolescent girls.
Walsh	Why Do They Act That Way? A survival guide to the adolescent brain for you and your teen	Explores the developmental changes that occur during the teenage years and how they affect behavior.
Wiseman	Queen Bees & Wannabes: helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescence	A revealing look into the secret world of teenage girls and offers advice for parents