



## Shorewood PTSA News – January 2017

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Shorewood PTSA provides academic enrichment and advocacy for all Shorewood students

### Happy New Year!

On behalf of the Shorewood PTSA, we wish you all a wonderful 2017!

### Membership / Pass the Hat Fundraiser Update

*Lori Ramsay & Krista Keller, Membership/Pass the Hat Co-Directors*

PTSA Directories will be distributed in your student's 2<sup>nd</sup> period class this month. Directories are given to anyone who joins the Shorewood PTSA. If you do not receive a directory and you are a member, please email us at [membership@shorewoodptsa.com](mailto:membership@shorewoodptsa.com). There is still time to join. Go to our [website](#) to join online using PayPal or download our [membership form](#) and return it to the school office. We have a limited number of directories still available. Thank you for making it possible to support so many important academic and basic needs programs.

### Thank You!

#### Staff Appreciation Breakfast

Thank you to everyone who donated items for the PTSA Staff Appreciation Breakfast on Friday, December 16<sup>th</sup>. Because of your generosity, we served more than 60 hungry staff members. A special thank you to Britt Harris for coordinating with students to provide festive decorations for the staff room, and an extra-special thank you to the Gateway Starbucks for graciously giving a last minute donation when we were facing a coffee emergency. Please be sure to mark your calendars for the next Staff Appreciation event on Friday, March 17<sup>th</sup> (St. Patrick's Day). Thank you, Kim Ositis and Leslie Cheung

#### Holiday Baskets

Thank you to everyone who donated items to Shorewood's annual food drive. As a community, we were able to bring in over 5,000 food items. We'd like to give a big thank you to Central Market and QFC for graciously allowing students to stand outside their stores and collect donations. With your donations, families in need were able to enjoy this holiday season. Next year we are looking forward to making our food drive even more successful with a new goal of 10,000 items. With your help we can make it happen! Thank you.

## Community Movies

### Screenagers

Einstein MS PTSA is sponsoring a screening of the documentary, *Screenagers*, which explores the impact that screen time has on our young people.

Tuesday, January 10 at 6:30 pm in the Einstein MS cafeteria. Tickets are \$5.00 and available online at [Eventbrite](#) and at the door.

### Resilience: The Biology of Stress and the Science of Hope

Shorewood PTSA and the Shoreline Movie Community Group are sponsoring a screening of *Resilience: The Biology of Stress & the Science of Hope*. This award winning documentary film explores building resilience by creating external structures to help create positive, caring and nurturing environments for our teens. You can watch the trailer [HERE](#). The film will be followed by a panel discussion.

Sunday, March 12 at 4:00 pm at the Shoreline Center Auditorium. Tickets are \$5.00 per adult and free for students. Tickets can be purchased online at <http://shorelinecommunitymovie.bpt.me> and at the door.

## Discover Your Power

Shorewood PTSA is sponsoring *Discover Your Power: A Quest for Confidence through Strength*, an event for high school girls focusing on relationship violence education, sexual assault awareness and self-defense. Participants will learn to:

- Recognize the warning signs of relationship violence
- Recognize the red flags that often precede assault
- Define and maintain boundaries with confidence
- Use assertive communication and de-escalation techniques
- Hone and trust intuition
- Use basic physical self-defense skills

Thursday, March 2<sup>nd</sup> at 5:30 – 7:00 pm at Shorewood High School. The program will be presented by the Fight the Fear Campaign and the WAVE Foundation. Parents, allies and people of all genders are welcome. The event is free to all participants. No advance registration required. More information is available at [www.thewavefoundation.org](http://www.thewavefoundation.org).

## What's Going on with Education?

*Suzanne Gugger, PTSA Legislative Director*

### Shoreline School District Bond Election

A bond election is coming up on February 14<sup>th</sup>. All registered voters residing within the Shoreline School District are eligible to vote on this bond that proposes to: construct an Early Learning Center at the Shoreline Children's Center site to co-locate the tuition-based preschool, Head Start

and Early Childhood Education; rebuild Parkwood Elementary School; and rebuild both Einstein and Kellogg Middle Schools. The Shoreline School Board unanimously approved the \$250 million bond proposal to address challenges with increased student enrollment and decreasing facility conditions. Shorewood PTA, Shoreline PTA Council, City of Shoreline, and other local PTAs have all endorsed and/or supported this bond campaign. Additional information can be found at: <http://www.shorelinepta.org/2017-bond-campaign>, <http://www.voteeyesforshorelineschools.org> and [www.facebook.com/voteeyesforshorelineschools/](http://www.facebook.com/voteeyesforshorelineschools/).

**Yard Signs:** If you would like a yard sign or know someone who lives in a visible area who would like one, please contact me with your address and I will deliver the signs.

**Focus Day 2017:** For information about Focus Day in Olympia this year (Monday, 1/16/17, Martin Luther King day), go to [http://www.wastatepta.org/meeting/focus\\_day](http://www.wastatepta.org/meeting/focus_day). A group from the area will be going, so if you want to join in and advocate for our students and the issues that affect our schools, let Suzanne Gugger know!

**Sign Waving:** Students and parents can sign up for morning and afternoon shifts on Aurora at 175<sup>th</sup> and 160<sup>th</sup> for the dates below. Earn volunteer hours too! Email Suzanne Gugger to sign up.

- Monday, January 30
- Wednesday, February 8
- Monday, February 13

## Getting Involved in 2017

Last month we shared some ways to get involved and effect change in our community. We are publishing the list again since they make great New Year resolutions! What matters to you? Talk about it, and choose an action.

**1) Volunteer to fill a committee or leadership role in your school or PTA!** Ask yourself what you can do to help your school?

- Are you bilingual? You could be a translator or help translate materials for the staff, or support a student club/activity.
- Shorewood has teams, clubs and other programs that could use more parent participation. Contact the school administration or website for contact information.
- Are you available sometimes during the day? Consider volunteering for PTA event support or as a library volunteer. Parent participation and engagement in school is one of the best ways to ensure that our kids are in a successful school. Contact Brian Heagler, at [president@shorewoodpta.com](mailto:president@shorewoodpta.com), for more information.

**2) Support local groups and organizations that do good work in our community.** The [WORKS](#) has opportunities on Wednesday evenings. [Hopelink](#) in Shoreline has many ways to help. [Turning Point](#) supports local at risk students and immigrant families. Volunteer at the [YMCA](#), [Teen](#)

[Feed](#), or your place of worship. There are so many opportunities to donate your time or money to help make a difference in our community - and great ways for students to get service hours too!

### 3) Join a walk or event that benefits a cause you can get behind as a family.

- **Consider health related causes** like the American Heart Association, Diabetes, Alzheimer's, Autism Walks, or [WA State PTA](#) advocacy or another group that supports Basic Education Funding etc. WA State PTA's [Focus Day](#) is in Olympia MLK Day Jan. 16<sup>th</sup>.
- **If politics is something your family wants to follow**, consider attending a [Town Hall](#) meeting, or attend the Seattle Women's march on January 21st.
- **Call or write letters to Congress** – Both are better than emails and surveys as ways to be heard by lawmakers: [Contacts](#) and [Tips](#).
- **Follow a bill or two.** [Visit this page](#), which gives you a list of bills by topic. Choose a topic that interests you, and follow the bill on the link that will give you sponsors contacts. Remember that you can follow a bill to support it or to see it defeated.
- **Invite someone to coffee just to express your views or to get information.** City Council, School Board, King County, Washington State, Legislative representatives... as a constituent or student they want to hear from you! Contact: Shoreline [City Council](#), [Shoreline School Board](#), [WA State](#) contacts.

**4) Teens can apply to be a Page in the Washington State Legislature.** During each week of the legislative session students ages 14 to 16 from across the state serve as legislative pages, who assist with the Legislature's work by making deliveries and performing other necessary tasks. This is a fabulous opportunity for students to learn about the Legislature's role, its process, and its participants. [Page School](#) is a joint program of the House and Senate.

**5) Get involved in the upcoming Shoreline School District construction [bond campaign](#), or focus on [voter registration](#).**

## Calendar

### January

- 1/3 PTSA Board Meeting, 7:00 pm, Jersey's
- 1/10 Screenagers film, 6:30, Einstein cafeteria
- 1/12 Reflections reception, 6:30 pm – 8:00 pm
- 1/16 No school – Martin Luther King Day
- 1/16 Focus Day (Olympia)
- 1/20 PTSA / Principal coffee, 9:00 am
- 1/30 No school – Staff work day

### February

- 2/7 PTSA General Membership Meeting, 7:00 pm, Career Center
- 2/17 PTSA / Principal coffee, 9:00 am
- 2/20 – 2/24 No school, Mid-winter break